

## Module specification

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*Refer to guidance notes for completion of each section of the specification.*

Module Code	PSY425
Module Title	Study Skills for Psychology
Level	4
Credit value	20
Faculty	Social and Life Sciences
HECoS Code	100497
Cost Code	GAPS

## Programmes in which module to be offered

Programme title	Is the module core or option for this programme
BSc (Hons) Psychology	Core
BSc (Hons) Psychology with foundation year	Core

## Pre-requisites

Guidance, please state here any pre-requisites required for this module

## Breakdown of module hours

Learning and teaching hours	36 hrs
Placement tutor support	0 hrs
Supervised learning e.g. practical classes, workshops	0 hrs
Project supervision (level 6 projects and dissertation modules only)	0 hrs
<b>Total active learning and teaching hours</b>	<b>36 hrs</b>
Placement / work based learning	0 hrs
Guided independent study	164 hrs
<b>Module duration (total hours)</b>	<b>200 hrs</b>

<b>For office use only</b>	
Initial approval date	15 <sup>th</sup> May 2024
With effect from date	September 2024
Date and details of revision	
Version number	1

## Module aims

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This module will support students to develop the necessary skills for studying Psychology at HE level. Students will learn how to read and disseminate research effectively. Over the course of the module student will develop their digital literacy skills and will discuss approaches to planning, writing, and reflecting on assessments. Students will develop generic and subject specific skills such as essay writing, research report writing and critiquing original source evidence, as well as APA formatting and referencing standards. The module will equip students with presentation skills and how to communicate academically to different audiences.

## Module Learning Outcomes - at the end of this module, students will be able to:

1	Construct an argument utilising supporting evidence from the literature
2	Recognise original source material.
3	Communicate scientific knowledge to different audiences
4	To engage in personal development planning.
5	To undertake reflective practice

## Assessment

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Indicative Assessment Tasks:

This section outlines the type of assessment task the student will be expected to complete as part of the module. More details will be made available in the relevant academic year module handbook.

1. *Students will complete a series of tasks to build a portfolio of assessed work for formal submission (such as, group presentation – 20% | In-class debate – 20% | 1500-word reflective essay – 60%)*



Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)
1	All	Portfolio	100

## Derogations

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None

## Learning and Teaching Strategies

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A range of different learning and teaching strategies will be utilised in this module, including lectures, seminars, and exercises for both group, and individual activities. These will include discussions, skills practice, debates, and presentations. Additionally, students will be provided with directed and self-directed learning, and tutorials. . Module content will include pre-recorded asynchronous online content that will inform synchronous sessions. This will allow students time to reflect on and further develop their knowledge ahead of consolidating learning through group workshops and/or seminars.

All learning and teaching methods are supported by the University's virtual learning environment, Moodle, where students will be able to access clear and timely information to support the delivery of content such as videos, links to relevant online information, discussion forums, and pre-recorded lectures.

The University's Active Learning Framework (ALF) is embedded within the module to achieve optimal accessibility, inclusivity, and flexibility in terms of teaching and learning. This is in line with the principles of Universal Design for Learning (UDL). A learning blend is used that combines synchronous and asynchronous digitally enabled learning with best use of online opportunities and on-campus spaces and facilities.

## Indicative Syllabus Outline

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- Skills audit and managing time
- Digital literacy skills
- Resource finding skills (e.g., library resources, internet resources and Moodle).
- Effective notetaking and planning assessments
- Group work skills
- APA formatting and referencing
- Maintaining academic integrity
- Reflective practice and using assessment feedback constructively
- Identifying and using original source material
- Communicating effectively using essays and research reports
- Constructing an argument
- Presentation skills and communicating academically to different audiences



## Indicative Bibliography:

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Please note the essential reads and other indicative reading are subject to annual review and update.

### Essential Reads

Penn, P. (2020). *The psychology of effective studying: How to succeed in your degree*.  
Routledge

APA. (2020). *Publication manual of the American Psychological Association* (7th ed.).  
American Psychological Association.

### Other indicative reading

Bassot, B. (2023). *The reflective practice guide: An interdisciplinary approach to critical reflection* (2<sup>nd</sup> ed.). Routledge.

Davey, G. (Ed.) (2022). *The psychology student's guide to study and employability*. SAGE

Heffernan, T. M. (2016). *The student's guide to studying psychology* (4th ed.) Psychology Press.